

# takeaway menu

Everyday 'til 3pm

BIRCHER GF*, DF*, VE*, V Chia, Teff, Oat, Seasonal Fruits, Coconut Yoghurt, Pistachio Dukkah.	18	TOAST DF, GF, V Ancient Grain Sourdough, White Sourdough, Fruit, GF White, with: Marmalade, Jam, Vegemite, Crunchy Peanut Butter, Nutella or Cinnamon + Maple.	9
TOASTIES			
+ 2 fillings	+11	+ Gluten Free	+ 2
+ 3 fillings	+12	+ Nonies Gluten Free Bread; (Fruit, Seeded)	+ 2
PLAIN TOASTED CROISSANT			
+with jam	+1	EGGS YOUR WAY	14
+2 fillings	+10	Two free range eggs, poached, scrambled or fried with toast	
+3 fillings	+12	-Sautéed kale	+4.5
		-'Penny's' tomato salsa, baked beans, ricotta	+5
		-Field mushroom, confit potatoes, asparagus	+6
		-Avocado	+5.5
		-Chorizo / Haloumi	+7
		-'Pialligo' bacon	+7.5
		-Salmon	+8
FILLINGS: Ham, cheese, tomato, field mushrooms, avocado, kale, egg, caramelised onions, chilli jam, tomato relish, bacon (+2), chicken (+1)			
BACON, EGG & CHILLI JAM ROLL DF*, GF*	14		
+avocado	+5.5		
+kale	+4.5		
MUSHROOM, EGG AND RELISH ROLL DF*, GF*, V, VE*	12	GREEN EGGS & HAM DF*, GF*, V*	24
With onion and house-made tomato relish.		Pea, Spinach, Herb Scrambled 'Darabalara Farm' Free Ranged Eggs, Char- Grilled 'Three Mills' Ancient Grain Sourdough, Tomato Salsa, Pecorino, 'Balzanelli' Double Smoked Leg Ham.	
+avocado	+5.5		
+kale	+4.5		
HALOUMI AND AVOCADO ROLL DF*, GF*, V, VE*	13	AVO DISH GF*, DF*, V, VE*	21
With tomato chutney		Avocado, Chèvre, Grilled Sourdough, Charred Corn Quinoa Tabouleh, 63°C Egg, Chilli Oil.	
+ egg	+3		
+ kale	+4.5		
CHORIZO AND EGG ROLL GF*, DF*	14	HASH DF*	25
With Japanese BBQ sauce		Pialligo Pork, Fennel + Chilli Sausage, Diced Pialligo Bacon, Confit Potatoes, Peas, Medley Of Vegetables, House-Made Szechuan Chilli Sauce, Puffed Rice, Fried Egg.	
+avocado	+5.5		
+kale	+4.5		



<p>B.L.T DF*, GF* With mayonnaise</p>	16	<p>PENNY'S AVO MIX ON SOURDOUGH V, VE*, DF*, GF* House-made avocado and goats cheese mix on sourdough toast.</p>	14
<p>VEGO TOASTIE DF*, GF*, V, VE* Zucchini, field mushrooms, ricotta, spinach &amp; capsicum hummus.</p>	17	<p>POKE BOWL DF, GF – Confit Salmon – Master Stock Poached Chicken – Mushroom V, VE*</p>	28 26 25
<p>KATSU BURGER DF*, GF* Crumbed Chicken Breast Fillet, Penny's Spice Blend, Milk Bun, Pickles, Lettuce, Japanese Mayonnaise, BBQ Sauce, Shoestring Fries.</p>	26	<p>Japanese Mayonnaise, Pickled + Fresh Vegetables, Organic Black Rice</p>	
<p>BALLI'S VEGETARIAN BURGER DF*, GF*, V, VE* Spiced Vegetable + Quinoa Black Bean Patty, Lettuce, Pear Chutney, Tomato + Capsicum Hummus, Potato Bun, Thyme Salted Chips.</p>	25	<p>OKONOMIYAKI SAVOURY PANCAKE DF, V Savoy Cabbage, Shiitake Mushrooms, Sweet Potato, Shallots, Japanese Pickle, Green Leaf Salad. Nori and Miso Mayonnaise, House-Made Japanese BBQ Sauce.</p>	23

